Lesson Guide 21 – The Life of Jesus (Sermon on the Mount – Worry, Wise and Foolish Builders) Matthew 6:25-7:29

Pre-class Activity – Class Starter Worksheet (Brainercise Answer: Map, Who Am I: Goliath)



Prayer Requests

Praise Thanksgiving Concern Grow up to be like Jesus



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Worry

- Do not worry about your life, what you will eat or drink, or about your body, what you will wear.
- Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them.
- Who of you by worrying can add a single hour to his life?
- And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin.
- If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, how much more will he clothe you?
- So do not worry about what you will eat or drink. The pagans run after these things, and your heavenly Father knows that you need them.
- But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Wise and Foolish Builders

- Everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.
- The rain came down, the streams rose, and the wind blew and beat the house, yet it did not fall, because it's foundation was on the rock



- But everyone who hears these words of mine and does not put them into practice is like the foolish man who built his house on the sand.
- The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.
- The crowds were amazed at his teaching, because he taught as one who had authority, not as their teachers of the law.

Discussion Questions

Question 1: Explain worry by giving an example, and then explain to what extent worry can actually change things.

Question 2: What should be the rock foundation of our lives? What is the sand upon which some build their lives?