

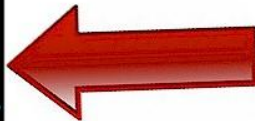
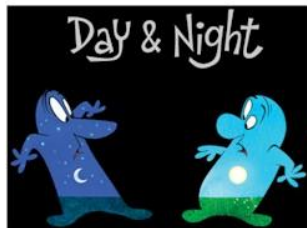
# Class Newsletter

## Brainercise Riddle

You are in a dark room with a candle, a wood stove and a gas lamp. If you only have one match, what do you light first?



## Who Am I?



**-E O**

### Fun Bible Facts What did people eat in Bible times?

Average people ate bread, vegetables, pulses (beans and lentils), dairy, fish, small fowl and their eggs, and meat on special occasions. Animals were too valuable for farm work, milk and wool to be killed in large numbers. Dairy was almost all fermented into yogurt or eaten as curds or cheese. Vegetables and pulses were boiled. Meat was boiled or roasted. Fruits were eaten seasonally, fresh, and dried or stewed.

What is perhaps just as interesting are the many foods they did not have. Bananas and citrus didn't make it to the region until after AD 700. Many foods taken for granted today worldwide weren't known until discovered in the Americas. These foods include potatoes, tomatoes, maize, sunflowers, bell peppers, winter squashes, chocolate and vanilla.

**Fun Facts**

## Jump start your week

**Memory Verse:** Acts 2:42

*"They devoted themselves to the apostles' teaching and to the fellowship, to the breaking of bread and to prayer."*



**Story of the Week:** Anointing of David  
1 Samuel 16

### Hints for "Who am I?"

- He was the second king of Israel
- As a young boy he killed a giant
- He was a soldier, musician and poet
- He was from Bethlehem
- His son rebelled against him